

What to pack?

You must be able to carry all of your own luggage, possibly up flights of stairs.

You **MUST** bring

1. **Bagged lunch for the first day including a beverage.**

Things to bring...

CLOTHING – Plan in layers

Bring clothes for each day of your trip. Pack what you will need to use before hotel check-in time in your carry-on bag (or backpack) for the first day.

Be prepared for weather extremes, such as rain or wind with cooler than expected temperatures. To help you in planning clothes for the trip, average temperatures in Washington, DC during the month of May are a high of 78 and a low of 50 degrees Fahrenheit.

Students may wear comfortable clothing appropriate for touring and during most of the trip; fingertip-length shorts, jeans without holes, and normal school attire are required. Please wear comfortable walking shoes, running shoes are best. (Students who wear flip flops usually get painful blisters, but may bring them to wear at the hotel only).

Please bring a change of shoes.

OTHER CLOTHING

Rain gear/Umbrella (disposable ponchos)

Sweater and/or jacket

Pajamas

PERSONAL ITEMS OTHER (some are optional)

Backpack/sling bag or carry-on bag for bus ride & bike tour (include a baggie to keep cell phone & other items dry)

Spending money (snacks, souvenirs, etc.)

Soap/deodorant (showers are expected)

Shampoo

Medicated powders (Gold Bond)

Camera

Comb/brush

Notebook for DC journals/pencil

Toothbrush/toothpaste

Travel games

Small pillow and blanket for the bus ride

Watch

Book

Sunscreen

Hand Sanitizer

Water bottle (**plastic only**)

Purse, wallet, hip pack for personal items

Snacks within reason for bus travel

Phone & charger – See guidelines

***** BOTTLED WATER *** (some will be provided)**

Once your luggage is stowed under the motor coach, you **will not** have access to items packed inside until hotel check-in. On the final day of the trip, you will not be able to get in your luggage until you arrive at home. Make sure all you need (camera, money, medicine, a change of clothes etc.) is in your carry-on bag or backpack that you take on the bus.

VALUABLES ON THE TRIP (Parent discretion):

Trip participants assume full responsibility for any valuables brought along on the trip. Unless there is a room safe, DO NOT leave valuables in your hotel room while touring. Even though the motor coach will generally be locked when the group or the drivers are not on board, it is recommended you leave any valuables not needed on the trip at home.

SPENDING MONEY:

Don't forget spending money to purchase souvenirs, snacks, and miscellaneous items.

THINGS TO LEAVE HOME:

- Portable DVD Players
- Laptops or game console
- High Caffeine Drinks
- Anything remotely resembling a weapon or look-alikes
- Xbox
- PS3's
- Cubes

Parents, please monitor your child's packing for unnecessary or illegal items. **No glass containers will be allowed.**

Cigarettes, illegal beverages, and illegal substances will not be tolerated. (Smoking, drinking will be a cause for being sent home at Parent's expense.)

MEDICATIONS:

Medication (if needed) – Please put in a plastic ziplock baggie with name and dosage on the outside! Parents MUST hand in to the chaperone before the bus departs Barker, they will issue the required medication as needed.

Any medications, prescribed or over-the-counter, must be given to the child's chaperone. All medications must be in their original container. **DO NOT** put medications in suitcases. **DO NOT** send medications to school with your children.

APPROPRIATE Bathing suit and towel for hotel pool.