



# Community Education Program

## Fall 2023 Classes

<p style="text-align: center;"><b>Fall Classes</b></p> <p style="text-align: center;"><b>Begin September 25<sup>th</sup> &amp; End November 21<sup>st</sup></b></p> <p style="text-align: center;"><i><b>No classes October 9<sup>th</sup> and November 10<sup>th</sup></b></i></p> <p style="text-align: center;"><i>Check website for updates to schedules: <a href="http://www.barkercsd.net/adulted">www.barkercsd.net/adulted</a></i></p>	<p style="text-align: center;">Ongoing registrations will be honored unless class has been canceled.</p> <p style="text-align: center;">Please register early to ensure that classes are not canceled due to low enrollment.</p>
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Questions? Please Contact:  
Mary Eadie, Director of Community Education at 716-795-3110, [meadie@barkercsd.net](mailto:meadie@barkercsd.net)

### Special Programs

<b>AARP Smart Driver</b>	High School Cafeteria	Tuesday, October 17 <sup>th</sup> and Wednesday, October 18 <sup>th</sup> . 6:00 – 9:00 PM
<p>The AARP Smart Driver™ Course includes a focus on areas where drivers could benefit from additional training. This program is beneficial for all ages! A minimum of 15 people are required to hold this class. Participants must attend both evenings to qualify for discounts. Participants of the course will qualify for a discount on their automobile insurance. Participants will also qualify for a 3-point reduction on their driver's license for any points previously accrued for moving violations. Check with your insurance provider for specifics. There is no Barker Senior discount for this course.</p>		
Instructor: George Laskey	Cost: \$30.00 AARP Members/\$35.00 Non-Members <b>Checks made payable to AARP – Not to BCS</b> Include AARP # on Check Please	2 Classes
<b>Community Band</b>	Band Room	Mondays, 7:00 – 9:00 PM
<p>The Barker Community Band has been performing music in Barker and neighboring communities since 1984. This ensemble makes appearances at charity events, churches, parks and schools. It is a year-round course and is open to anyone with a background in instrumental music. Questions – contact Marcia Frost at <a href="mailto:rmfrost88@yahoo.com">rmfrost88@yahoo.com</a></p>		
Contact: Marcia Frost	Free but must be registered.	

### Regular Classes/Programs

<b>Antique Auto Restoration</b>	Room 161	No Class 10/9	Tuesdays 4:00 – 6:00 PM
<p>Come and explore the various techniques used to accomplish sheet metal work, welding, painting, cleaning and other tasks necessary to restore antique automobiles. No formal instruction given. There will be a charge for all materials used. LAB FEE: Participants will be charged for, and will be responsible for, all supplies used in course.</p>			
Instructor: Tom Mallon	\$30.00 (Seniors \$15.00)		8 weeks
<b>Basketball</b>	High School Gym	No Classes 10/9 & 11/10	Mondays & Wednesdays 7:00 – 9:00 PM
<p>Competitive basketball for the recent and not-so-recent player. A congenial atmosphere is maintained to ensure that all participants have an enjoyable evening. No instruction will be provided. <b>Sorry, No STUDENTS. MUST BE REGISTERED TO PARTICIPATE.</b></p>			
Instructor: Jared Morgan	\$40.00 (Seniors \$20.00)		8 weeks

<b>Beginner Crochet - <span style="background-color: yellow;">New</span></b>	Room 183	No class October 9	Mondays 6:30 – 8:00 PM
Twisted and hooked! Learn the basic steps in crocheting and how to read a pattern to create your own special treasures! Each class will cover different parts of crocheting. You will need to bring a skein of medium yarn and an “H” hook. We will discuss additional materials you will need to buy for a specific project that you could make during the remainder of classes if you so choose.			
Instructor: Demerise Eadie	\$40.00 (Seniors \$20.00)		8 weeks
<b>Beginner Knitting</b>	Room 183		Tuesdays 6:00 – 8:00 PM
Learn the creative and fun activity of knitting! Each week will focus on a different topic, including tools, stitches, patterns and history. You will need to bring a pair of single-point knitting needles and a skein of yarn (any size will do for this first practice session). We will discuss additional materials you will need to buy for a specific project that you will make during the remainder of classes.			
Instructor: Karen Davis	\$40.00 (Seniors \$20.00)		8 weeks
<b>Body Sculpting</b>	Elementary Gym		Tuesdays & Thursdays 7:30 – 8:30 PM
This fast-paced class will help you strengthen, tone and shape your body. Following the interval training concept, low impact movements are alternated with weight-bearing exercises to challenge and meet your fitness goals. You will need a mat and weights. Trisha is a certified and experienced fitness instructor.			
Instructor: Trisha Mathison	\$40.00 (Seniors \$20.00)		8 weeks
<b>Ceramics for Beginners</b>	Room 183		Thursdays, 6:00 - 8:00 PM Classes: 9/28, 10/5, 10/12, 10/19
Create functional and decorative pieces with a variety of hand-building techniques. Class is for beginners. No experience is necessary. There is a separate \$20 lab fee for materials to be paid with registration.			
Instructor: Krista Beth Feltz	\$20.00 (Seniors \$10) Lab Fee: \$20.00–no discount, please send with registration		4 weeks
<b>R.A.D. Defensive Systems Course - <span style="background-color: yellow;">New</span></b>	Cafetorium	<b>Ladies Only</b>	Wednesdays, 6:00 – 9:00 PM 9/27, 10/4, 10/11, 10/18
The RAD system of self-defense is specifically tailored 4-week course offered by the Town of Somerset Police Department that is designed for women to develop and enhance their options for self-defense. The course is broken down into 4 sessions of 3 hours each and consists of both PowerPoint instruction and hands on tactics. <b>Free to any High School female student.</b>			
Instructor: Somerset Police	\$40.00 (Seniors \$20)/Free to Female HS Students		4 Weeks
<b>Family/Lap Swim</b>	Pool	No class October 9	Mondays and Wednesdays 6:30 – 7:30 PM
Family or individual swim time. An area will be designated for lap swimming. Please note if you will lap swim, family swim, or both when registering. <b><i>Parents must accompany students and stay in the pool area at all times.</i></b>			
Staff Lifeguards	\$35.00 (\$17.50 Seniors)		8 weeks
<b>Greeting Card Class</b>	Room 183		Wednesday, 6:00 – 8:00 PM Classes: 9/27, 10/11, 10/25, 11/8
Do you enjoy stamping, coloring and scrapbooking but don't have the time to do large projects? Come join us and make greeting cards! Each week we will demonstrate cards using stamping, coloring with Copic markers, watercolor, embossing and more. We provide all of the materials to make 5 complete cards with envelopes. You will need to bring a tape/dot runner with refills or a bottle of liquid glue. Dot runners may be purchased at Walmart or any large craft store. Lab Fee for materials - \$12 per class.			
Instructor: Mary Kersch	\$14.00 (Seniors \$7.00) \$12.00 Lab fee per class - for materials, pay at class		4 weeks

<b>Hall Walking</b>		No class 10/9 & 11/10	Mondays – Thursdays 6:00 – 8:00 PM
<p>What better way to exercise than walking! Come walk with us in the halls of Barker Central School. Please wear comfortable clothing and good, comfortable walking shoes or sneakers. You may bring a water bottle, or water fountains are available. This exercise is designed for all ages and levels. Coat hooks are available by Room 161 near the art rooms with the skylights.</p> <p><b>Hall walkers must be registered and sign-in each night at the High School south side entrance.</b></p>			
No Instructor	Free		8 weeks
<b>Medicare 101 – <span style="background-color: yellow;">New</span></b> <b>Understanding Your Options</b>	High School Cafeteria		Tuesday, October 3 <sup>rd</sup> 6:00 – 7:30 PM
<p>Medicare is Confusing! What are Parts A, B, C &amp; D? When do I have to enroll? What will I pay? What is a Medicare Advantage Plan? What is a Medicare Supplement Plan? What about late enrollment penalties, Extra Help, EPIC or Medicare Savings Programs? What kind of plans might work best for me? This class will help people understand how the federal Medicare program works and provide a general overview of the variety Medicare insurance options available to beneficiaries.</p>			
Instructor: Jason Myers	Free but must be registered.		
<b>Quilting</b> <span style="color: red; font-style: italic;">Back</span>	Room 183		Saturday, October 14 9:00 – 3:00
<p>Bring a Layer Cake and two accent fabrics to make a fast quilt top. Finish it off with just the binding fabric. It finishes at 78-1/2 x 78-1/2. Iconic by Lella Boutique is a great pattern for beginners. Saturday, October 14th 9 – 3. Lunch on your own. Need sewing machine and supplies. Pattern will be e-mailed after sign-up.</p>			
Instructor: Janice Stoll	\$25.00 (Seniors \$17.50)		1 Day
<b>Stretch and Tone Your Body</b>	Elementary Gym		Tuesdays and Thursdays 6:30 – 7:30 PM
<p>This class is for everyone - men and women! Do you want to feel better, get active and have fun too? Come join Trisha for this class that focuses on stretching, joint movement, flexibility, and strength training. All exercises are done standing or sitting in a chair. There is no exercising on the floor. We have a good time socializing and exercising. Trish is a certified fitness instructor.</p>			
Instructor: Trisha Mathison	\$40.00 (Seniors \$20.00)		8 weeks
<b>Volleyball</b>	High School Gym		Tuesdays and Thursdays 7:00 – 9:00 pm
<p><b>NO STUDENTS.</b> Mixed volleyball for all skill level players. A pleasant environment is maintained to insure that all participants have an enjoyable evening.</p>			
Instructor: Jim Harris	\$20.00 (Seniors \$10.00)		8 weeks
<b>Water Aerobics</b>	Pool	No Classes 10/9 & 11/10	Mondays and Wednesdays 5:30 – 6:30 PM
<p>This water aerobics class will instruct participants through very low impact aerobic exercise that encourages cardiovascular fitness. Come firm and tone those muscles through water resistance workouts using rhythmic exercises put to music for you. Instructors are certified lifeguards. All workouts will be in the shallow end of the pool and the class size is limited to 30 participants.</p>			
Instructor: Beth VeRost	\$40.00 (Seniors \$20.00)		8 weeks
<b>Zumba</b>	Elementary Gym		Mondays & Wednesdays 6:00 – 7:00 PM
<p>The most awesome workout ever! Dance to great music, with great people, and burn a ton of calories without even realizing it. We take "work" out of workout. The ultimate dance-fitness party will groove you into shape. No experience or partner needed. All fitness levels welcome. Wear comfortable clothes, sneakers and bring a water bottle. Melissa is a licensed Zumba® instructor.</p>			
Instructor: Melissa Durfey	\$40.00 (Seniors \$20.00)		8 weeks

## Other Opportunities for the Community

### American Legion Post #425 Military Museum

The American Legion Post #425 has a classroom across from the High School cafeteria. It is a Military Museum, which was started in the Yorker House south of the school. It contains memorabilia from the Civil War through today. You can see pictures of Barker Veterans starting with WWI, uniforms from different wars, books, pictures, and hundreds of artifacts.

This room is a great history resource room for all teachers and students, and the community. Donald R. Coates is available upon request by calling: 716-778-5291 to set up appointments for anyone who would like to look back in history of our country. To visit during a Community Education session, you can also contact Mary Eadie at: [meadie@barkerccd.net](mailto:meadie@barkerccd.net)

## Important Community Education Information

- **Doctor's Certificate of Health:** A physical examination is suggested prior to participating in physical fitness classes.
- **Eligibility:** In general, district residents and non-residents who are 18 years of age or older may enroll.
- **Senior Citizens:** Senior Citizens, residents ages 55 and older, will be provided admission at 50% of the regular fee to all school-sponsored events if they present a Barker Central School District Senior Citizen Card. **Non-residents will be required to pay the full admission fee.** Registration forms must be submitted. Proof of age is required. In order to take advantage of senior citizen fee discount for courses and some special events, you need a Barker Central School Senior Citizen Card. You may receive this card by coming to the Barker Central School Superintendent's office and registering.
- **Registration:** Mail registration. Early registration protects against having to cancel due to insufficient registration. Please avoid disappointment by enrolling early. Registrants can assume they are officially registered unless notified and should begin attending classes on the scheduled starting date. You may register at the first session of class.
- **Is Class Canceled?** Whenever school is closed during the day due to inclement weather, no classes will be held that evening. Please check the website [barkerccd.net](http://barkerccd.net) for updates. Information will also be available on local radio stations WBEN-AM 930 or WLVL-AM 1340 or TV Channels 2, 4 or 7. If inclement weather begins later in the day, listen to local radio stations for announcements. Whenever possible, we will utilize the Blackboard Connect system to notify registered students in the event of a cancellation as noted above. Please be sure to provide a valid phone number and email for this purpose. Do not call the school. When a class cannot be held due to an illness or for other reasons, it is the instructor's responsibility to see that class members are notified. Canceled classes will be rescheduled by the instructor.
- **Material Cost:** Additional fees will be charged in classes where materials are used. They should be paid with registration unless otherwise noted.
- **Refunds:** Total refunds will be made only if a class is canceled or filled. Transfer of tuition to another course can be arranged where size of class permits. No transfers after second class meeting. No refunds after classes begin.
- **Rules:** Teachers and participants are expected to follow the Barker Central School District's Code of Conduct, the school's and Community Ed policies.
- **No Smoking:** Barker Central School is a non-smoking facility.



For updated Community Education information and schedule:

Please visit the BCS website at: [www.barkerccd.net/adulted](http://www.barkerccd.net/adulted)

Looking for a new class, or would you like to teach and share a hobby?

Please let us know as we are always looking for new classes to share with the community!

Questions, please contact: Mary Eadie, Director of Community Education  
716-795-3110 or [meadie@barkerccd.net](mailto:meadie@barkerccd.net)

# BCS Community Education Registration Form

## Fall 2023

**Please Print and Fill Out Completely**

First Name		Last Name	
Street Address			
City		Contact Number	
Zip Code		Email	
Emergency Contact Name		Emergency Contact Number	

*Contact information is used to keep you informed of other important information.*

**Please Note:**

- 1.) A separate registration form is needed for each participant.
- 2.) Registration must accompany payment.
- 3.) No refunds issued after classes begin.
- 4.) You can assume your registration has been accepted unless you are notified otherwise.

Course(s)	Cost
Total Due	\$
Check Number	
Are you a District Senior Citizen (55+) with a Barker Senior Citizen Card for a 50% course discount?	
Yes	No

**Payment/Mailing Information:**

Payable to:  
Barker Central School Community Education  
(Unless otherwise noted)

Mail Registration & Payment to:  
Director of Community Education  
Barker Central School District  
1628 Quaker Road, Barker, NY 14012

**Questions, please contact:** Mary Eadie, Director of Community Education  
716-795-3110 or [meadie@barkerccd.net](mailto:meadie@barkerccd.net)

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**Looking for a new class, or would you like to teach and share a hobby?**  
Please let us know as we are always looking for new classes to share with the community!

**WAIVER AND RELEASE OF ALL CLAIMS:**

This agreement is between named participant on this form and the Barker Central School District (including the Barker Central School District Community Education Program, its Community Education Coordinator, its Community Education instructors, and other related members, agents, authorized guests, and affiliated organizations.) The participant will be participating in the following Community Education activities and/or classes as acknowledged on the registration form. The participant further agrees to abide by the policies of the Barker Central School District and its Community Education Program.

I hereby state that I do not have any ailments or physical condition that would prevent or inhibit me from fully participating in the specified activities and/or classes. I understand that there is a risk of injury inherent in the foregoing community education classes and/or activities. I hereby accept and assume all risks inherent in the specified Community Education classes and/or activities. I undertake this activity at my own risk. I voluntarily assume full responsibility for any losses, property damage, or personal injuries sustained in the specified activities and/or classes. I further agree to hold harmless and indemnify the Barker Central School District from any and all claims, demands, actions and costs that might arise out of participation in the specified activities and/or classes.

In consideration for the opportunity to participate in the Barker Central School District Community Education Program, to the maximum extent permitted by law, I hereby release the Barker Central School District, its Board of Education members (in their official and unofficial capacities), its employees, and its volunteers from any and all liability, claims, costs, expenses, attorney fees, demands, actions, and causes of action, whatsoever, arising out of or related to any losses, damages, or injuries (including death) that may be sustained during participation in the Barker Central School District Community Education Program or while on the premises of where the classes and/or activities are conducted.

I further agree that the Barker Central School District will not be liable to me for any damages, losses, personal injury or property damage, caused by or resulting from any cause whatsoever, including but not limited to the negligence of the Barker Central School District, the Barker Central School District Community Education Program, its Community Education Coordinator, its Community Education instructors, or other related members, agents, authorized guests, or affiliated organizations.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_